



INSTANT VITALITY
MOOD
 SUPPORTS STRESS RELIEF*



PÜRvii MOOD....

is a proprietary blend with key ingredients known for supporting a positive mood and combating overall stress.

PÜRvii MOOD contains three powerful mushrooms, Cordyceps, Lion's Mane and Reishi.

CORDYCEPS

is an adaptogen, which means that it can support your body and help it to adapt to stress, whether it be mental or physical stress. The three main functions of adaptogens are 1) to normalize body functions, 2) adaptogens are non-toxic and 3) adaptogens are fast acting. Cordyceps helps stimulates the adrenal glands and regulates the nervous system*, which is the system that becomes overstimulated when you experience chronic stress.

LION'S MANE

is most popular for enhancing brain health, calming the central nervous system*, elevating mood and promoting sleep*. By buffering the stress response and supporting the adrenals and nervous system*, Lion's Mane dampens the stress response and helps combat those anxious feelings when we experience stress, calms an overactive mind and improves sleep quality.

REISHI MUSHROOMS

have more than 400 different nutrients and is a powerful adaptogen which helps to regulate the release of stress hormones that influence mood and emotion. It helps to modulate the body's response to stress via the adrenal glands, helping to balance levels of cortisol and adrenaline which are raised when we're we are stressed*. This makes reishi an excellent herb choice for calming the mind, promoting sleep and fostering increased resilience to stress over time.

GABA (gamma-aminobutyric acid) is a natural chemical produced by the brain. When we experience stress, the adrenal glands are triggered to produce hormones that trigger what we know as "fight-or-flight" responses, like speeding up your heartbeat or giving you an adrenaline rush. GABA counteracts these natural stimulants by relaxing the brain. GABA is a natural brain relaxant that makes us "feel good."

Last but certainly not least, PÜRvii MOOD contains L-Theanine, a unique amino acid, that provides helpful relaxation support without causing drowsiness and easing occasional nervous tension and irritability*.

Supplement Facts

Serving Size: 2mL (1-2 dropper fulls per day)
Servings Per Container: 30

| | Amount per Serving | % Daily Value |
|---|--------------------|---------------|
| Proprietary Blend | 255 mg | ** |
| Cordyceps Extract (Cordyceps sinensis sporocarp), Lion's Mane Mushroom Extract (Hericium erinaceus sporocarp), Gamma Aminobutyric Acid, L-Theanine, Reishi Mushroom Extract (Ganoderma lucidum fruiting body) | | |

† Percent Daily Value (%DV) is based on a 2,000 calorie diet.
 **Daily Value not established.

Other Ingredients: Distilled Water, Glycerin, Natural Flavors, Steviol Glycosides, Gum Arabic, Xanthan Gum, Potassium Sorbate.

This product does not contain soy, dairy or GMO ingredients

If you are pregnant or nursing, under the age of 18, or currently under the care of a physician, you are advised to consult a health care professional before using this product. Do not use if safety seal is broken or missing. Keep out of the reach of children.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.